

Minimize inflammation. Maximize life.

You shouldn't have to live with chronic pain and inflammation.

Eliminate or reduce chronic pain and flares and stop the progressive damage

Put autoimmune in remission

Safely exit or lower medications

How the 24-month program works:

1

Comprehensive labs & consultation
Identify the root causes that provoke your chronic inflammatory disease.

Fill out intake forms

Deep review of lab results

Complete risk assessment

2

Optimize critical biomarkers
We'll help you make the needed lifestyle changes to optimize your general health and vitality.

Discuss care plan & protocols

Lifestyle education and coaching

Follow-up assessments to track progress

3

Stop the progressive damage from:

- Chronic fatigue syndrome
- Rheumatoid arthritis
- Fibromyalgia
- Multiple sclerosis
- Autoimmune diseases
- Osteoarthritis
- Psoriatic arthritis
- Gout
- Crohn's
- Ulcerative colitis
- Long COVID
- ... and more.

Book a consultation:

www.cruxpoint.com/autoimmune-inflammatory

What's included:

The Breakthrough in Autoimmune & Chronic Inflammatory Disease Program is a 24-month program with personalized protocols built upon comprehensive lab results and other Cruxpoint assessments.

Vascular health assessment using AtCor medical device*

Body composition analysis on InBody device*

Goldenson Healthy Life Expectancy assessment

ABSI body composition & mortality risk index

GRIP strength & balance assessments*

*Available only in Colorado at this time

Personalized support from Cruxpoint clinicians & coaches

Customized protocols for nutrition, fitness, sleep, & stress

Lifestyle education and coaching on reducing disease risk

Instructional and educational resources and support

Continuous monitoring of progress

At Cruxpoint, we simplify the overwhelming (and often lagging) landscape of health and vitality information by curating the latest research for your specific circumstances. Our goal is to empower you with knowledge and give you control! You'll have direct access (phone, email, text) to your Cruxpoint care team for support at every step in your journey.

Pricing:

PHASE 1 / ASSESS

- CAC Heart Scan*
- Comprehensive Labs
- Results Consultation @ \$395/hr

\$1500-2500

*If indicated. Get your scan at Front Range Preventative Imaging in Colorado, or we can help you find a Siemens Dual-Source CT scanner near you.

PHASE 2 / STOP & REVERSE

- 24 months of the guided program, including all components above**

\$250/mo. for 24 months

***Discounts apply – see below

Enterprise pricing available for corporations & member-based organizations.

CONTACT: gvkoyen@cruxpoint.com

*CAC heart scan pricing varies by location. Cruxpoint can help negotiate preferred pricing.

**Not included: Medications, supplements, medical procedures, any additional labs or scans, and outside and referred medical services.

***Paid-in-full discounts: Save 10% by paying with check up front (\$5400 = save \$600), or 5% when paying with a credit card (\$5700 = save \$300).

****Insurance coverage: We do not bill insurance, and insurance generally does not cover our services. However, our services are generally eligible for HSA funds.