



Heart Health Breakthrough Program



Heart disease is optional.

You can know your risk. And you can do something about it.

Stop the dangerous progression of arterial plaque and even decalcify coronary arteries.

Safely get off most or all meds by effectively addressing root causes. Imagine: No more side effects!

Reduce your risk of heart attack and stroke by 90-95%.

How the program works:

1

Coronary Artery Calcium (CAC) heart scan

Accurately measure your degree of coronary artery disease.

Review scan results

Fill out intake forms

Complete risk assessment

2

Comprehensive heart health labs & consultation

Know your risk and establish your baselines.

Schedule blood draw

Deep review of lab results

Discuss care plan & protocols

3

The program

A 24-month health program built upon your scan results, labs, and other Cruxpoint assessments.

See next page →

Book a consultation:

www.cruxpoint.com/heart-health-breakthrough



720-766-7166

info@cruxpoint.com

www.cruxpoint.com

What's included:

The Heart Health Breakthrough Program is a customized, 24-month heart health program built upon your CAC scan results, comprehensive lab results, and other Cruxpoint assessments.

Vascular health assessment using AtCor medical device*

Body composition analysis on InBody device*

Goldenson Healthy Life Expectancy assessment

ABSI body composition & mortality risk index

Grip strength & balance assessments*

*Available only in Colorado at this time

Personalized support from Cruxpoint clinicians & coaches

Customized protocols for nutrition, fitness, sleep, & stress

Lifestyle education and coaching on reducing disease risk

Instructional and educational resources and support

Continuous monitoring of progress

At Cruxpoint, we simplify the overwhelming (and often lagging) landscape of health and vitality information by curating the latest research for your specific circumstances. Our goal is to empower you with knowledge and give you control! You'll have direct access (phone, email, text) to your Cruxpoint care team for support at every step in your journey. **Watch program video** →



Pricing:

PHASE 1 / ASSESS

- CAC Heart Scan*
- Comprehensive Labs
- Results Consultation @ \$395/hr

~ \$2500

*Get your scan at Front Range Preventative Imaging in Colorado, or we can help you find a Siemens Dual-Source CT scanner near you.

PHASE 2 / STOP & REVERSE

- 24 months of the guided program, including all components above**

\$250/mo. for 24 months

***Discounts apply – see below

Enterprise pricing available for corporations & member-based organizations.

CONTACT: gvkoyen@cruxpoint.com

*CAC heart scan pricing varies by location. Cruxpoint can help negotiate preferred pricing.

**Not included: Medications, supplements, medical procedures, any additional labs or scans, and outside and referred medical services.

***Paid-in-full discounts: Save 10% by paying with check up front (\$5400 = save \$600), or 5% when paying with a credit card (\$5700 = save \$300).

****Insurance coverage: We do not bill insurance, and insurance generally does not cover our services. However, our services are generally eligible for HSA funds.